



Prophet Ezekiah Francis  
Founder

## OUR ADDRESS

Berachah Prophetic Ministries  
#81, 4th Cross Street, Senthil Nagar  
Kolathur, Chennai - 600 099

### PHONE

+91-44-2650 1290

+91-44-2650 1390

### EMAIL

info@ezekiahfrancis.org

### WEBSITE

www.ezekiahfrancis.org

### BERACHAH PROPHETIC VOICE

MONTHLY MAGAZINE

#### Life time subscription

Inside India - Rs.1500

Other Countries - \$300

#### Yearly subscription

Inside India - Rs.150

Other Countries - \$30

# From My Heart

Dearly Beloved,

Greetings in the mighty name of the resurrected Jesus Christ!

We thank you so much for your fervent prayers and faithful support! God is no man's debtor! You will see the reward according to Luke 6:38. The whole world is locked down. The people are in panic and despair. This is the time for the Joseph (The Body of Christ) to rise up and to open the store house to bless the world. Feed the people with spiritual and physical food. As Paul says the word of God is not chained (2.Tim.2:9). Use every means to preach the word in this darkest time of the history. The darkness shall cover the earth, and deep darkness the people, but the Lord will arise over His Church (Isa.60:1-2).

We are fervently praying for the situation right now and it is the time for us to stand in the gap and to intercede for the nations and the national leaders like never before. Not only in our prayers but also in action we have to show the love of Christ to the world. God has enabled us to help the needy people in this time of lock down. We had distributed essential things to the downtrodden people in many of the states of India. As the Early Church sent the relief to the brethren in the time of famine, send whatever you can for our own brothers

To them God willed to make known what are the riches  
of the glory of this mystery among the Gentiles:  
which is Christ in you, the hope of glory Col. 1:27




and sister in Christ (Ac.11:27-30). Let us not grow weary while doing good, for in due season we shall reap if we do not lose heart (Gal.6:9).

Beloved, in Christ you have all the riches of your Heavenly Brother Jesus. They are in abundance, totally free, not on the basis of your merits. What you need today is the revelation knowledge of what you have in Christ. God is graciously revealing these truths to you not to set you free from all your fearful imaginations. You have more than what you have in Christ. You are not born to strive for survival. Your Heavenly Joseph had paid all the cost for all your blessings. The Holy Spirit is waiting to enlighten your spiritual eyes to see it! God's Word is open before you with all His good news and promises. Ponder them, claim them, enjoy them!

Continue to follow us on Facebook and visit our website [www.ezekiahfrancis.org](http://www.ezekiahfrancis.org) to know the details of our seminars and pray for all our programs.

Pray for me and my wife, for our ageing parents, leaders, and staff. May the Lord Almighty establish your territory and make you a blessing to the nations. Be the head and never again the tail. Lend to nations and never borrow again. Let the blessings run before you and overtake you in Jesus Name!

Yours in Christ,



## **DONORS!**

**Attention!**  
Please send the **purpose** of the offering and  
**bank transaction details** to the following email ids:  
[finance@ezekiahfrancis.org](mailto:finance@ezekiahfrancis.org) or [accounts@ezekiahfrancis.org](mailto:accounts@ezekiahfrancis.org)



*Prophetic  
Voice*

## **PODCAST**

Listen to the Prophetic Voice Audio Podcast!!  
Find us on iTunes or search Prophetic Voice  
on your Podcast App.







4



Egyptians. Their very god had become an abomination.

In Christ, you have authority to bring judgment on all the false gods of your country. You need not be terrified by the satanic gods around you. They have no power to harm you!

Frogs and all kinds of insects were also worshipped by the Egyptians. Imagine, the whole country was filled with their frog-gods, even the bedroom and bathroom of king Pharaoh! Now suddenly, they were desperate to get rid of their gods! Lice and mosquitoes were also worshipped as gods, but now they had become biting tormentors. Flies came to torture the Egyptians who worshipped Beelzebub, the god of flies. Beelzebub, the leader of flies, completely lost control over his 'subordinates'!

The cattle also was worshiped as gods. Even today, many nations still worship cow-gods, horse-gods, donkey-gods, elephant-gods etc. The judgmental hand of God brought a terrible plague on these 'gods', and all these 'gods' died. Hail- and rain-gods were not hailed any more! Their sun-god was darkened. Not only these 'gods' were judged, even their adamant worshippers were punished and killed.

Beloved, in Christ you are authorized and empowered to judge the demon gods behind the idols - the god of materialism, humanism, sensualism, and all the false religions like Mormonism, Jehovah witnesses etc. You have power to judge your enemies if they persist in opposing the true God. Like the apostles Peter and Paul, you can even punish and judge sin in the church (Ac.5; 1.Co.5). When you exercise this power, the enemies will know the greatness of

your God. Rebellion will be broken, poor victims will be set free! Sin will be judged, and fear of God will fall upon the nations. This is your right in Christ.

Now is the time to expect judgmental, nation-shaking miracles in our nations. It's no longer time to fight with the small demons that attack you personally! It's time to rise up to a higher level of spiritual warfare. God is calling His people to challenge the higher level principalities and powers. This is the answer to set the nations free. Deep intimacy is the only condition for exercising such judgmental authority. You became one with God to exercise your authority like your God. Heaven is waiting for you to come up to this level TODAY!

Thank You, Lord, Your high praises are in my mouth, and Your two-edged sword in my hand. I execute vengeance on the nations, and punishment on the peoples. I bind their kings with chains, and their nobles with fetters of iron. I execute on them the written judgment. This honor I have because I am in Christ.

### **COMPARING MIRACLE POWER** **IN CHRIST**

So Moses and Aaron went in to Pharaoh, and they did so, just as the Lord commanded. And Aaron cast down his rod before Pharaoh and before his servants, and it became a serpent.

But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord (Ex.7:10;



2.Co.3:18).

**L**ife in Christ is a total miracle life. The moment you are engrafted in Christ, you are engrafted in the Source of all miracles. Every member of Christ's Body is a miracle member. Every miracle you read and admire in the Bible is now at your reach. With this revelation, meditate the mighty miracles God wrought through Moses (Ex.6-12). In order to experience God's miracles, you must know their purpose. The more you know it, the more you will show it. Take the miracles literally and claim them one by one.

**Converting miracle power:** This is the first type of miracle God showed to Moses. God converted a rod into a serpent, a healthy hand into a leprous hand and water into blood (Ex.4:2-4,6-7; 7:14-25). Then He sent Moses to do the same miracles before Pharaoh and his magicians.

**Your own conversion:** When you came to Christ, this converting miracle power transformed your life (Jn.5:24-29). You were transferred from the power of darkness into the Kingdom of light (Col.1:13). Once you were like a dead rod, but now you are throbbing with the vigorous life of God (Eph.2:1-5). You were bound in fear of death and Satan, but now God's courage made you take the old serpent by the tail! In Christ, you trample on snakes and scorpions (Mk.16:17; Lk.10:19)!

**Rod into serpent:** God's power could transform the lifeless, dry rod into a living serpent and the healthy skin into leprous skin and vice versa. Remember, this converting power of God is working mightily in you! You can speak life to the dead and health to the sick (Eze.37:1-14;

Mk.16:17-20). You have the power to catch the serpent by the tail and make it a lifeless rod. With your touch, you can cleanse leprosy. Such is the power of your new creation! Release this power today to bring life into hopeless situations and healing to the sick. Set the captives free!

**Water into wine:** The very first miracle Jesus did was of this kind. He changed water into wine (Jn.2:1-11). This transforming Jesus lives in you to display His power of conversion through you. Your tasteless life shall turn into the most delightful life. Just listen to His whispering in your spirit and obey.

**Inner transformation:** This glorious transforming power of God was dwelling in Christ. It was manifested on the mount of transfiguration. His face shone as bright as the sun, and His clothes became as white as the light (Mt.17:1-2). This life made Stephen's face to glow like the face of an angel in midst of his enemies (Ac.6:15). Thank God, this life is shining in your heart right now! The glory of the Lord which includes the glory of Elijah, Moses and all the saints is radiating upon you right now (Ex.34:29-35; 2.Co.3:4-11). Your enemies will easily recognize it. As Moses was honored by his own brother and the elders, you shall be honored because of God's transforming glory in you. Life in Christ makes every cell of your body shine with God's glory! It can change your mind, emotions, will and senses, and even your skin and the clothes you wear (Ac.19:12).

Beloved, God showed this converting miracle power to Moses to convey His ability to transfer His people from slavery to liberty. In Christ, this power is constantly transforming your life, your

**Contact our Office or login to our website [www.ezekiahfrancis.org](http://www.ezekiahfrancis.org) to know our seminars in your area**



home, your neighborhood and even your nation. Increase this glory by gazing at Jesus through the mirror of God's Word (2.Co.3:18). Stretch your miracle imagination! Rebuke any reasoning that explains away the miraculous (2.Co.10:5). Defy all your natural limitations! Soar into your miracle world! Activate the miracle power in you TODAY!

Thank You, Lord, I am a new creation. Old things have passed away, all things have become new. You put a new song in my mouth and poured new wine into my new wineskin. I have put on the new man which was created according to You, in true righteousness and holiness. I am being transformed into Your image from glory to glory because I am in Christ.

### **CONTINUING MIRACLE POWER** **IN CHRIST**

Go in to Pharaoh and tell him, 'Thus says the Lord God of the Hebrews: "Let My people go, that they may serve Me. For if you refuse to let them go, and still hold them, behold, the hand of the Lord will be on your cattle... a very severe pestilence."'

And truly Jesus did many other signs in the presence of His disciples, which are not written in this book... And there are also many other things that Jesus did, which if they were written one by one, I suppose that even the world itself could not contain the books that would be written. Amen (Ex.9:1-3; Jn.20:30; 21:25).

**L**ife in Christ is a life of continuous miracles. Christ in you is the great Miracle-Worker. If you continuously

walk in your privileges in Christ, you will witness miracles every day. Every moment of Jesus was a miracle. His look, touch, words, rebukes, sleep, even His saliva was miraculous. This miracle-life has become yours now! In Christ, you are above the ordinary and natural. You have abundance of life, extraordinary life, supernatural life right within you! God can do any number of miracles to deliver you and your people.

This is pictured in the continuous miracles God performed to redeem His people from Pharaoh. Remember, it's not a single miracle but multiple miracles that broke the hardness of Pharaoh (Ex.7:3). God laid His hand on Egypt with ten mighty acts of judgment. In Christ, not only ten, but tens of thousands of miracles are available to you to break your enemy. Take heart!

Every miracle of God displays His power and greatness. No matter how hard the enemy may be, God's miracle power is more than enough to melt the devil's power! As Samson's ropes and bondages became like flax in the fire, all the enemy's chains shall be melted by the power of God (Jud.15:14).

This is what happened to Pharaoh. You can clearly see how his heart began to melt after every miracle. When the magicians could show their power, Pharaoh was very hardened (Ex.7:10-13). When they no longer could do anything, it was a death blow to Pharaoh's pride. Still, he tried to harden his heart. When God sent swarms of flies on him and his people, he was a little shaken and asked them to sacrifice to their God in his land (Ex.8:25).

Every now and then, Pharaoh showed a sign of repentance. After the fourth miracle, he even



asked Moses to intercede for him (Ex.8:28). Every time the judgment was revoked, his heart became harder again. Yet when the plague increased more and more, Pharaoh's heart was again slowly melting. He even confessed his sin and promised to let them go (Ex.9:27-28). Then he wanted to keep the women, children and flocks in Egypt. Only the final miracle broke him and his people totally so that they even urged them to leave the country (Ex.12:31-33). Such is the power of continuous miracles!

Doing miracles occasionally will not get the job done. Some boast about the few miracles done in the past, but the nations will never be touched by a few miracles here and there. God performed continuous miracles until Pharaoh's heart melted. He continues until He completes.

Our nations must see the continuous manifestation of God's power. The repentance needed for the transformation of nations is yet to come. Don't give up! Every miracle will gradually break the power of darkness. When you persuade the enemies with continuous miracles, one day the enemy's hold will be totally broken. This is what happened to Pharaoh.

Beloved, God did many miracles in your life, but still you have not seen great breakthroughs. Don't stop expecting miracles. Increase your passion for more miracles. The Early Church witnessed many mighty miracles, yet they asked for more (Ac.4:23-30). Elisha asked for more than what Elijah had (2.Ki.2:9). When your problems increase, let the miracles

also increase. Never stop coveting more of His miracles until you see a thorough change in your life and nation.

In Christ, God's continuous miracle power is mightily working in your life. Be persistent! Your enemy never stops his evil works. Even after his shameful defeat in the wilderness, he left the Lord only for a season (Mt.4:11). Jesus continued to destroy his works till He finally overcame him on the cross. In Christ, His total victory is yours! Don't be satisfied with a partial victory. Jesus was not satisfied when the blind man saw men walking as trees (Mk.8:24-25). He touched him again to complete the healing. Expect His second touch for a perfect miracle! You have God's enduring power in you to stand till the end (Mt.24:13). Count every one of God's past miracles and believe for more. He who began a good work in you will complete it (Phil.1:6). Rejoice TODAY!

Thank You, Lord, for Your great salvation of which You bore witness both with signs and wonders, with various miracles, and gifts of the Holy Spirit, according to Your own will. I go out and preach everywhere, and You are working with me and confirming the Word through the accompanying signs. I will do the works You did, and greater works I will do because I am in Christ.

Excerpts from the book "See yourself in Christ Daily"

By Prophet Ezekiah Francis

Grab your copies...

Call Now +91- 44 - 2650 1390

Webcart at [www.ezekiahfrancis.org](http://www.ezekiahfrancis.org)

**PARTNER WITH THIS GOD GIVEN MANDATE OF THIS GOD RAISED MINISTRY AND  
SHARE THE PROPHETIC ANOINTING AND BLESSINGS BESTOWED ON THIS MINISTRY**



# God's Medicine

## Healing Scriptures & Confessions

---

Since Jesus is Lord over my life, I forbid sin, sickness, and disease to have any power over me. I am forgiven and free from sin and guilt. I am dead to sin and alive unto the righteousness of God. (Col 1:21-22)

I release unforgiveness and strife from my life. I choose to forgive others as Christ has forgiven me, for God's love has been shed abroad in my heart by the Holy Spirit. (Mt 6:12, Rom 5:5)

Jesus Christ bore my sins in His own body on the tree; therefore, I am dead to sin and alive unto the righteousness of God in Christ Jesus, and by His stripes I am healed and made whole. (1Pet 2:24, Rom 6:11, 2 Cor 5:21)

The Word of God has imparted the life of God to me, and that life restores my body with every breath I breathe and every word I speak. I overcome the world, the flesh, and the devil by the blood of the Lamb and the word of my testimony. (Jn 6:63, Mk 11:23, 1Jn 4:4, Rev 12:11)

Jesus bore my sickness and carried my pain; therefore, I give no place to sickness and pain, for God sent His Word and healed me and delivered me from the pit of destruction. (Ps 107:20; Is 53:4)

Heavenly Father, I attend to Your Word; I incline my ears to Your sayings; I refuse to let them depart from my eyes. I keep them in the midst of my heart for they are life, health, and medicine to all my flesh. (Pr 4:20-22)

You have given me abundant life and I receive that life through Your Word; and that life flows to every organ and tissue of my body, bringing life and health. (Jn 10:10; Jn 6:63)

Father, I am redeemed from the curse and Your eternal life is in me. Your Word, which is eternal life, flows in my blood stream, restoring every cell of my body to health, in Jesus' name. (Jn 6:8, Jn 10:28, 1Jn 5:11, 13-15, 20)

No evil will befall me, neither shall any plague come near my dwelling; for God has given His angels charge over me. They keep me in all my ways. In my pathway are life, healing, and health. (Ps 91:10-11, Pr 12:28)

Lord, I serve You and You bless my food and water and You have taken sickness out of me; therefore, I will fulfill the number of my days on the earth in health. (Ex 23:25-26)

I present my body as a temple of the Living God. Since God dwells within me and His life permeates my spirit, soul, and body, I am filled with God's fullness daily. (Rom 12:1-2, Jn 14:20)

Since my body is the temple of Holy Spirit, my body releases the perfect chemical balance. My pancreas secretes the right amount of insulin for life and health. (1 Cor 6:19)

Every plant the Father has not planted is dissolved and rooted out of my body in Jesus' name. Every fiber and tissue in my body is alive with the life of God. (Mt 15:13)

I am redeemed from the curse of the law; therefore, I forbid growths, tumors, blood diseases, heart malfunctions, cancers, strokes, arthritis, high blood pressure, or any sickness or disease of any kind to inhabit my body. I am delivered out of the authority of darkness and every organ and tissue of my body functions in the perfection to which God has created it to function. (Gal 3:13, Col 1:13-14, Gen 1:28-31)





# CORONA

## SURVIVAL STRATEGIES

**Rev. Benita Francis**

Dear family of God, after almost two months of “corona lockdown”, we still keep receiving news of people testing positive, quarantined, hospitalized and even dying. It’s definitely time to see some survival strategies, not only for the moment but also for the future.

Please do read also my other [articles](#) and [videos](#) concerning God’s heart in crisis situations.

Remember, you consist in spirit, soul and body, and you must always keep all three happy and healthy! See my video [Stay healthy in lockdown](#) and find more on our [Berachah Prophetic Ministries YouTube](#) account.

**STAY SAFE.** We hear this beautiful counsel echoed all over the world as STAY HOME. Yet how safe is it REALLY to stay home? Sadly, reports skyrocket of domestic violence, substance abuse, sexual assault, child abuse, mental madness, emotional breakdown, physical decay and financial fiasco. Staying indoors definitely poses apparent health risks. For example, [vitamin D deficiency skyrockets](#)

[in India](#) as more people embrace an urban lifestyle. That is a serious threat since vitamin D was [found](#) already years ago to be very effective in preventing a host of diseases including different lung ailments. [A recent study used data](#) from coronavirus patients across multiple nations, including the UK, the USA, China, France, Italy and South Korea. Those patients who had the lowest vitamin D levels had the highest risk of complications such as the “cytokine storm” immune reaction that leads to rapid death. So staying safe MUST DEFINITELY involve sufficient exposure to SUNLIGHT, the best source of vitamin D. Use your rooftop or at least sit on a windowsill to expose as much skin as possible to the sun. Also [keep some plants](#) to [purify indoor air](#), and do [breathing exercises](#), preferably from an open window.

**SANITIZE SANELY.** Disinfection is demanded on a large scale by governments all over the world, but even here, [we must use wisdom](#). Did you know that [your skin is populated](#) by millions of “[friendly](#)



microorganisms”, some of which even defend you against viral infections? Science talks about the “microbiome”. It defends you from outside and also from inside. Did you know you actually consist in 90% bacterial and only 10% human cells? Your gut for example should contain a minimum of 85% beneficial bacteria for optimal digestion. If pathogen (disease creating) bacteria surpass 15% of the total 2-4 pound, 750 trillion bacteria, problems arise. This is especially dangerous since 70-80% of your immune system consists of these gut bacteria! For years, scientists understood that the strongest immunity is achieved by the most diverse gut microbiome! Many therefore ENCOURAGE playing with soil in order to get exposed to many different microorganisms for stronger immunity. So please, don’t fear all microbes like bacteria and viruses! You actually **need** lots of “good ones” to defend you against “villains” like covid-19 and others.

There is another problem to “sanitizing”.

Any sanitizer you use is washed into the waterways and ends up in our soils. Did you know what makes the difference between sterile sand and life-producing soil? Well, it’s the trillions of microorganisms populating the soil, and their composition determines whether plants grow healthy or become easy prey to disease! Think about it! WHAT will happen to YOUR immune system, WHAT will happen to the waterways and soils of the world as toxic chemicals are washed and sprayed everywhere so freely? So unless you touched items or surfaces that might have been infected with the novel coronavirus, thoroughly washing your hands with old-fashioned soap, preferable neem or other natural products, should suffice.

**SELECT SCIENTIFICALLY.** I have studied this subject a lot and found some natural, biodegradable ways to ensure protection from pathogens like the Wuhan coronavirus. Peels of citrus fruit for example contain strong antimicrobial substances that inhibit even HIV

Contact our Office or login to our website [www.ezekiahfrancis.org](http://www.ezekiahfrancis.org) to know our telecasts in your area



*Tune in to hear the prophetic voice!!*

**OUR TV PROGRAMS**



Every Saturday  
& Sunday  
9:30MEG

Daily  
11:00 to 11:30 AM  
1:00 to 1:30 AM  
(Indian Time)  
Watch online at  
[www.HolyGod.tv](http://www.HolyGod.tv)

DO YOU WONDER HOW TO BLESS THE NATIONS BEING AT HOME?

**Join the TV Club Today!**

Sponsor our Tv Programs!! Grab free copy of episodes every month!!



[WWW.FACEBOOK.COM/DR.EZEKIAHFRANCIS](http://WWW.FACEBOOK.COM/DR.EZEKIAHFRANCIS)



[EZEKIAH.FRANCIS](https://www.instagram.com/EZEKIAH.FRANCIS)



BERACHAH APP



BERACHAH PROPHETIC MINISTRIES

Cheque or DD in favour of  
“BERACHAH PROPHETIC MINISTRIES”  
Bank: BANK OF BARODA  
A/C. No: 19680100012316  
IFSC Code: BARB0KOLATH  
Branch: Kolathur, Chennai



[virus replication](#)! You can soak them in ethylene in a closed container for a few days and then spray or apply for powerful disinfection. Dry neem leaves you can simply collect from the ground are powerful as tea, powder, or even eaten fresh. Burnt, they effectively fumigate your room. Papaya leaves raise platelets, strengthen your immune system and protect your blood. Cloves, garlic, ginger, lime, turmeric, spices and unsweetened tea/coffee should not be missing from your diet in these challenging times. I always recommend a daily vitamin-and-mineral tablet, and during increased risk of infection I suggest supplementation with vitamin C (as much as your digestive system accepts), [D3](#) and zinc (30-150mg according to risk of infection). In case you need to be hospitalized, you can request [vitamin C IV](#), [high dose vitamin D3](#), high dose [zinc](#) & [hydroxychloroquine](#).

**SHOP SAFELY.** When going out, government regulations require you to wear a

face mask. While this may block bigger particles from spreading, it lowers your oxygen intake. Blood oxygen levels may drop by as much as 20% when using the N-95 mask for hours. Health risks from lower blood oxygen levels include [cancer proliferation](#), overgrowth of pathogens, [lowered immune function](#), [impaired brain function](#) even to [loss of consciousness](#), as [neurosurgeon Blaylock explains](#). So as often as possible, get some deep breaths without the mask!

Avoid crowds and closed rooms. Shop preferably in open air, even buy produce from your local vendor. [AVOID white sugar](#) and [artificial sweeteners](#) since they [lower your immunity](#), cause [inflammation](#) and [affect your health](#)!

Disinfect your items before entering home. We bought [UV lights](#) to kill viruses and bacteria on outside items, including on food items which also slows their bacteria-induced decay.

#### CONTACT OUR OFFICE OR REFER OUR WEBSITE TO KNOW OUR SEMINARS AND CONFERENCES IN YOUR AREA

#### NEWS

- ✳ Globally, as on 3rd May 2020, about 2.44 lakh people have succumbed to the Covid-19 pandemic that spread like a wildfire from China by early December 2019. About 34.5 lakh people were confirmed with the infection, of which 11 lakh have recovered. However, several worst affected countries are showing signs of flattening of the epidemiological curve as a sign of a silver lining in the dark cloud.
- ✳ In India, the infected figure fast approaches 40 thousand and over 10,600 have recovered. 1301 died of the disease. Analysts say that early shutdown in the country has proved to be effective in containing the spread considerably. Meanwhile, the blanket lockdown has been extended till May 17 with partial opening up of the economy in non-containment areas since May 4th.
- ✳ The world scientific community is scrambling to produce medicines and vaccines for the SARS-CoV2 virus that causes the Covid-19 disease. The virus shows several mysterious characteristics baffling scientists. However, they are confident of an early production of molecules that can contain the onslaught of the perfidious microbe.
- ✳ Besides throwing a health challenge, the Covid-19 pandemic has also battered global economy. An International Monetary Fund study says the global economy is projected to contract sharply by –3 percent in 2020 due to the pandemic, a decline much worse than during the 2008–09 financial crises. Major Christian aid organizations and other voluntary groups are gearing up to fight hunger in vulnerable areas.
- ✳ Major sporting events like the French Open Tennis have been postponed due to the coronavirus scare.



**SUP SUMPTUOUSLY.** Your God has given you a very powerful defense against disease, your immune system. Since ANY disease can only affect you when you body becomes weak, staying healthy is PARAMOUNT and will remain so from now onward, as more plagues, wars and famines occur (Mt.24:6-8). So please study again your Bible concerning food to be eaten and foods not to be eaten. Of course, our Lord JESUS declared ALL foods clean, but still, as a scientist I fully understand why carnivores and especially animals that eat already decaying cadavers are not a healthy diet. More so, the many chemicals, fertilizers, insecticides, herbicides, fungicides

etc. tend to bio-accumulate. That means, an animal fed GMO or other chemical-laden fodder will accumulate these toxins in its meat, eggs and milk which you later consume! Added to that are all the antibiotics, growth hormone injections etc. modern farming techniques use. So better eat more fresh produce like fruit and vegetables, nuts, grains and legumes. Cook them as little as possible to keep their vitamins, enzymes, proteins and amino acids intact. Make your own [sprouts](#) and [enjoy vibrant health](#)! Best of all, start your own food production, on [rooftops](#), [indoor](#), and if you lack space, [even](#) in [buckets](#)! Study and use [hydroponics](#) and [aquaponics](#) to [ensure fresh produce](#) at all times.

**DEAR PARTNERS, KINDLY INFORM US ABOUT CHANGE IN ADDRESS AND CONTACT DETAILS TO SERVE YOU BETTER**  
write to us [support@ezekiahfrancis.org](mailto:support@ezekiahfrancis.org) or call us +91-44-26501290

### **MAGAZINE SUBSCRIPTION FORM**

**Subscription Type:** ☐ I want a new subscription ☐ I want to gift a subscription  
☐ I want to renew my subscription. My partner code: \_\_\_\_\_

**Subscription Language:**

- ☐ English  
☐ Tamil

**Subscription Period:**

- ☐ 1 Year Rs. 150/- ☐ Life Time Rs. 1500/-  
☐ 1 Year Rs. 100/- ☐ Life Time Rs. 1000/-

**Mode of payment:**

- ☐ Cash  
☐ Cheque  
☐ Swipe

**Fill in the required details:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

District: \_\_\_\_\_ \*Pin Code: \_\_\_\_\_

State: \_\_\_\_\_ \*Ph. No: \_\_\_\_\_

Email: \_\_\_\_\_

**Details of the person to whom I would like to gift:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

District: \_\_\_\_\_ \*Pin Code: \_\_\_\_\_

State: \_\_\_\_\_ \*Ph. No: \_\_\_\_\_

Email: \_\_\_\_\_

YES, I would like to renew my subscription to the news letter and receive copy of the news letter to the address given below in my name or to whom I concern to gift.

*To check whether your subscription is active call us at +91-44-26501290*

*Contact office desk for the **overseas subscription tariff***

Signature \_\_\_\_\_

Owned and published by V. Johnson from Plot.no.81, 4th Cross Street, Senthil Nagar, Kolathur, Chennai - 99 and printed by Augustine David at Kalos Prints Offset Division, 9A, Jeevan Nagar, Adambakkam, Chennai - 88. Ph: +91 - 44 - 22670 808. Editor: V. Ezekiah Francis